

# SINGING WITH MR. FRANK PART TWO!



## BAD DAY SONG!

Sometimes I have a really bad day and there is no better way to capture how I am feeling than with a song. Check out the song I wrote below inspired by the book "Alexander and the Terrible Horrible No Good Very Bad Day" written by Judith Viorst. On the next page write your own song.

### EXAMPLE:

I woke up this morning  
fell out of **bed** —————→ **bed** and **said** rhyme!  
Talked to my family  
They didn't care what I **said** —————→  
Nothing for breakfast  
And toast for **lunch** —————→ **And lunch** and  
Bet you know my story, **hunch** —————→ **hunch** rhyme too!  
bet you have a **hunch**

I had a bad bad bad bad day  
A terrible, horrible, no good  
very bad day

Write your own lyrics on the next page!

I woke up this morning

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(What happened this morning?)

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(What else happened?)

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(What else happened? Make sure the boxed words rhyme)

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(What happened in the afternoon)

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(What else happened)

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(How are you feeling?)

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(How are you feeling? Make sure the boxed words rhyme)

I had a bad bad bad bad day  
A terrible, horrible, no good very bad day